



# 1 ID and Fort Riley

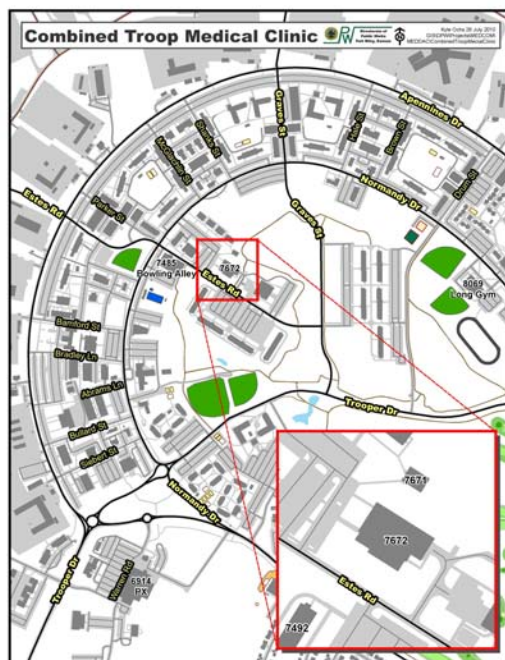
## Monthly News Update

### CTMC Not Just for Soldiers Anymore



August 7, 2010

By Alison Kohler, MEDDAC Public Affairs



A new development as part of the patient-centered medical home team concept has created a misnomer for one clinic.

Health care provided at the Combined Troop Medical Clinic recently transitioned to the PCMH concept, which means that both Soldiers and Families are now treated at the clinic.

In addition to a change in mission, the clinic itself is undergoing a change in the way of renovations.

"We're renovating one entire corridor, so we'll have six new exam rooms, an additional medical home team room and a kid-friendly area of the waiting room," said MAJ. Jennifer Glidewell, officer in charge of the CTMC.

The clinic also is in progress to memorialize the clinic to give it a new name, Glidewell said.

several providers, such as a family practice physician, physician assistant, nurse practitioner and pediatrician, and the team is assigned to particular brigades and elements. The same providers see the same Family members within the same unit to increase continuity of care and improve overall satisfaction with health care services.

Soldiers and their Families in the 2<sup>nd</sup> Heavy Brigade Combat Team and the 1<sup>st</sup> Sustainment Brigade are assigned to Medical Homes 6, 7 and 8 and have begun receiving their primary care in the CTMC in Building 7262 on Custer Hill.

The disciplines provided within the clinic are pharmacy, radiology, physical therapy, optometry, laboratory, patient administration, and chiropractic services are provided to Active Duty Soldiers. After the renovation is complete in October, the clinic will provide behavioral health and case management services within the clinic.

The clinic is located on Custer Hill just south of the intersection of Normandy Drive and Estes Road where the bowling alley is located. It is situated in between Cantigny Dining Facility and Dental Clinic #4. "The staff of the CTMC has really embraced the new mission and they're doing fabulous things. I'm really impressed," Glidewell said.

#### Calendar of Events:

- ★ August 6-9 - Division Training Holiday
- ★ August 12 - Sergeant Audie Murphy Club and Dr. Mary E. Walker Award Ceremony 11:00am
- ★ August 13 - FRG Muster Meeting 10:30am
- ★ August 13 - National Night Out 5:00pm
- ★ August 21 - Milford Lake Extreme Outdoor Water Festival
- ★ August 25 - Monthly Retirement Ceremony

See pages 8 & 9 for more calendar updates.



## HASFR to Host Ice Cream Social

The Historical and Archaeological Society of Fort Riley (HASFR) invites you to an old fashioned ice cream social, August 19, 2010. 6:00pm -8:00pm at the Custer House.



The Historical and Archaeological Society of Fort Riley is a charitable organization dedicated to promoting and preserving the history of Fort Riley. HASFR membership is open to all people, regardless of their association with Fort Riley. Their primary mission is to support historical activities including the Custer House and Museum Division. Additional



funds that are raised through activities, such as Apple Days, are donated to worthwhile causes and activities throughout the community that directly affect military members and their Families.

## Craft Vendors are Needed for Christkindl Market

MWR is looking for vendors to sell their homemade crafts in their annual Christkindl Market.

The event will be held at Riley's Conference Center on Saturday, December 4th from 10:00am- 4:00pm. Cost for a booth is \$35.

This event will highlight arts & crafts in Kansas communities as well as nationally. They welcome anyone dealing in Needlecraft, Dolls, Baskets, Home & Garden, Wood, Jewelry, Glass Crafts, Metal Crafts, Stuffed Animals, Ceramics, Soap & Candles, Beading, Holidays, Decorative Painting, Crochet, and Knitted Items to join them.

Your participation in this event offers the opportunity to share your product(s) and service(s) with the Fort Riley and the local community.



Interested Vendors, Please call Anna Pearson at (785) 240-0479

## LSEC Classes Starting Soon

A new cycle of Leader Skills Enhancement Courses (LSEC) is starting soon. Class session runs September 13 through October 28, 2010. LSEC Classes are open to Soldiers, Family members and DA Civilians.

Over 42 different courses, which are instructed by Barton Community College, provide an opportunity for personal and professional development, and are available at no cost to the student. LSEC courses are conducted in learning center class-rooms during the duty day, five days a week for six weeks.

Interested? Stop by and see an Education Counselor at either of these learning centers:

- ♦ Main Post Learning Center, 217 Custer Avenue, phone (785)239-6481 or DSN 856-6481.
- ♦ Learning Center #2, 7656 Graves Street, phone (785)239- 9824 or DSN 856-9824.

The LSEC Class Schedule and further information on educational opportunities are available at the Fort Riley Education Services website:

<http://www.riley.army.mil/NewsViewer.aspx?id=2983>

## Sports Car Club of America (SCCA) Autocross



Sports Car Club of America

Drivers needed for SCCA Competition. MWR will host a Sports Car Club of America (SCCA) Autocross

on Sunday, 15 Aug at 9:00am at Marshal Army Airfield.

This event is open to SCCA members and all active duty Soldiers. Cost is \$25. All classes of cars are welcome (SCCA has over 12 classes of competition). Trucks and SUVs are prohibited.

Participants must preregister online at [salinascca.org](http://salinascca.org). Optional driver training will be offered on 14 Aug for those who want to get a leg-up on the competition.

Contact Brad Carlton at (785)239-6398 for more information.





## FREE Child Care for FRG Meetings!!!

Fort  
Riley  
Child &  
Youth  
Ser-  
vices



now provides free childcare for Family Readiness Group Meetings. This is open to all units on Fort Riley. Contact your FRG leader or Family Readiness Support Assistant (FRSA) to make your childcare reservation once CYS registration has been completed. CYS registration of your child or children is mandatory!

Location of childcare will be determined by the age of child/children; the sites of childcare are Warren Road Child Development Center, Bldg. 6950 and/or School Age Services, Bldg. 5810. Time of childcare offered is from 6:30pm to 8:30pm. Reservations for care will be taken up to three days prior to scheduled childcare opening!

Future dates of childcare are as follows:

**August 17th, 24th, 31st**

**September 8th, 14th, 21st, 28th**

For more information, please contact the Central Registration office at (785)239-9885 or stop by Bldg. 6620 Nor-mandy Dr.

## Enlisted Spouse Club Membership Drive

THE Fort Riley Enlisted Spouses Club (ESC) is hosting their Luau Membership Drive August 25, 2010 at Riley Pool next to Riley Conference Center from 6:30pm to 8:30pm. Please come and bring your families! Enjoy meeting new and old members while enjoying food and fun. The yearly membership fee is \$15.00.

Also, they will be collecting Baby items at this event for the "Mother's Outreach Program" located in the ACS building. Baby items needed are; bibs, blankets, burp cloths, diapers, wipes and onesies. Any donations received are greatly appreciated!

RSVP for the event by **17 August 2010** to [escpresident@hotmail.com](mailto:escpresident@hotmail.com) or on our website at [fortrileyesc.Web.officelive.com](http://fortrileyesc.Web.officelive.com)

<b>Wagon Rides</b>	<b>Commanding Generals Mounted Color Guard</b>	<b>Swimming Pool</b>
<b>Adopt-A-Pet Booth</b>		<b>Children's Inflatable's</b>
<b>Community Info</b>		<b>Law Enforcement Displays</b>
<b>Free Movie</b>		<b>Seatbelt Convincer</b>
<b>Sidney the Go-Cart</b>		<b>Military Working Dog Demonstrations</b>
<b>Fire Department Displays</b>	<b>Free Food</b>	
<b>Riley's Conference Center 13 August 2010</b>		



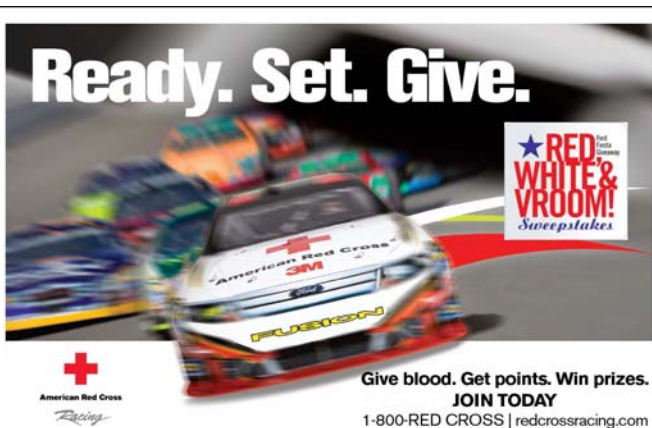
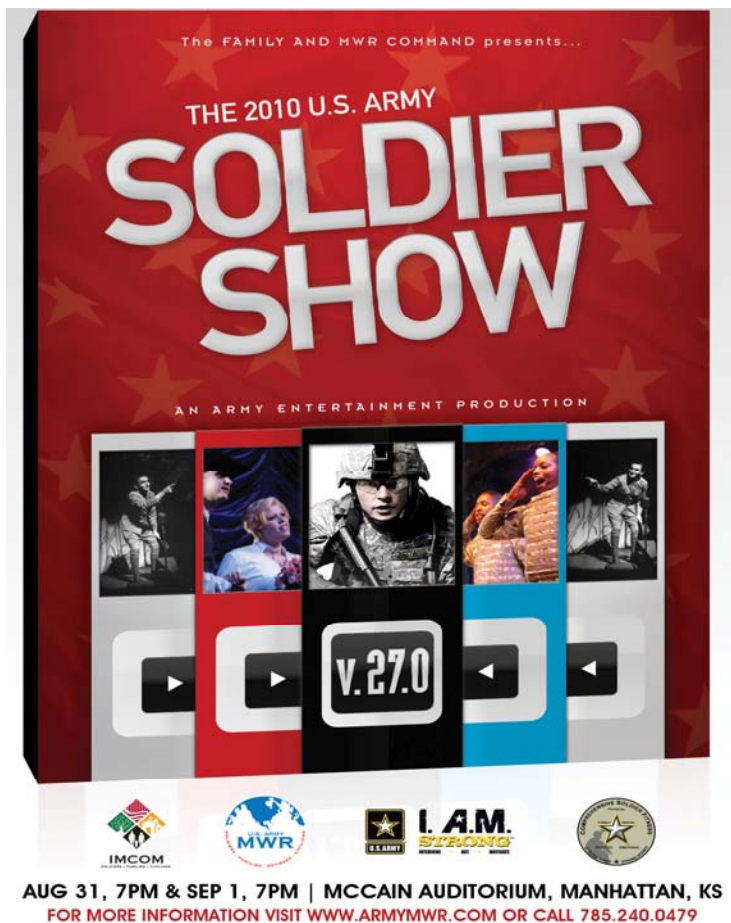
Registration will begin at 7:30 a.m. All contestants who register are guaranteed free prizes. Rods and reels are provided for those who do not have them. Fishing bait, tackle, lunch, and refreshments are all provided. Volunteers will be on-site helping the kids with anything needed. No experience is necessary! Bring out your youngsters for a guaranteed good time!

For More Information Contact: Jesse Cornell 785-564-7316

Ever wish you could compliment someone for doing a good job or wanted to make complaint but didn't know where to go? Click on the following link and leave your ICE Comment and it goes to the appropriate personnel to take care of your concern.



[http://ice.disa.mil/index.cfm?fa=site&site\\_id=17](http://ice.disa.mil/index.cfm?fa=site&site_id=17)



## Fort Riley Blood Drive

Tuesday, August 17 ~ 11:00 a.m. – 5:00 p.m.  
Wednesday, September 18 ~ 9:00 a.m. – 3:00 p.m.

Craig Fitness Center – Building 7024 – Custer Hill

Visit us on-line at [redcrossblood.org](http://redcrossblood.org) or call 1-800-RED-CROSS (800-733-2767) to schedule your appointment!

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NASCAR is a registered trademark of the National Association for Stock Car Auto Racing, Inc.



## What Age Should Your Child Have a Cell Phone?

According to a survey by Retrevo.com, the majority of parents say kids should get their first cell phone between ages 13-18. But, your 8 year-old is already obsessed with the iPhone.



Here are some guidelines for when to give your kids a cell phone, and what rules to put around the technology:

**Wait Until Your Child is 13 or Older.** Most children under 13 can't understand the level of re-

sponsibility that comes with a cell phone and will quickly lose or damage it. This is a general guideline that you need to weigh against issues of safety and your child's maturity.

**Require Financial Responsibility** Consider requiring your children to purchase their own phone while you pay for the monthly charges or vice versa. Children will be less likely to abuse this privilege if their own money is involved.

**Set Firm Boundaries.** Before you give your child a cell phone, establish firm boundaries for its use and consequences for misuse. Helpful boundaries include:

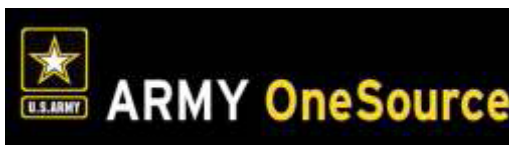
- ◆ *No cell phone use while driving*
- ◆ *No phone use while in class or in school*
- ◆ *Consequences for exceeding monthly minutes or messaging limits - restricted or revoked phone use*
- ◆ *Cell phone use must be monitored by mom/dad*

**Stay Informed.** Any technology can cut you off from your kids and expose them to dangers you may not know about. Explore technology that allows you to monitor your kids' messages and activities (like My Mobile Watchdog), and talk to your kids about how they use their phone and what they are sending.



## New Army Family Action Plan Tool

Searching for the progress of Army Family Action Plan (AFAP) Active Issues at the



Department of the Army headquarters level became easier, thanks to the new AFAP Issue Search application. Visit Army OneSource at: [www.armyonesource.com](http://www.armyonesource.com), go to Family Programs and Services, click on Family Programs, and then click Army Family Action Plan to access this new search application. The search can be customized.

Also, if the user has a question regarding an active issue, they can pose a question through email and receive a response within 72 hours. This new search tool was developed because those involved in the AFAP program had no way to track the progress and eventual resolution of the HQDA AFAP issues. To find out more, please go to: <http://www.military.com/military-report/newarmy-family-action-plan-tool>

## DoD Officials Explain New Spouse Tuition Rules

The My Career Advancement Accounts (MyCAA) tuition program for military spouses will reopen to new enrollees October 25, 2010, with some major restrictions on eligibility and funding. The popular MyCAA program's tuition assistance will be open only to spouses of junior Service members in paygrades E-1 through E-5, W-1 and W-2 and O-1 and O-2.

Spouses of National Guard and reserve members in those pay-grades are eligible if their Service members has been activated on Title 10 orders.

MyCAA will continue as is until October 25, 2010. That means currently enrolled spouses may request funds for the fall semester, regardless of the rank of their Service member, and even if they are in a four-year college program. After October 25, 2010, the new program rules will apply.

Defense officials will e-mail each enrolled spouse to explain the changes. To read more on this topic, go to: <http://www.defense.gov/releases/release.aspx?releaseid=13725>.

More information can be found on the MYCAA website: <https://www.militaryonesource.com/MOS/FindInformation/Category/>



MyMoney.gov is the U.S. government's website dedicated to teaching all Americans the basics about financial education. Whether buying a home, balancing a checkbook or investing in a 401(k), the resources on MyMoney.gov can help maximize financial decisions.

Throughout the site, there is important information from over 20 Federal agencies and Bureaus designed to help individuals make smart financial choices. Content is organized by where you are in life, who you are, and by specific hands-on tools. Popular topics are also highlighted. This site provides summaries of resources available at other official government sites. To learn more about MyMoney.gov, please go to: <http://205.168.45.52/>

## DOD Announces 2010/2011 Child Care Fees



The Department of Defense (DoD) announced the school year 2010/2011 child care fee policy. The policy will adjust fee ranges in child care programs across the Services and will be implemented no later than September 30, 2010. Changes will impact families who have children enrolled in DoD child development centers and school age care

programs.

The DoD broadened child care fee ranges from six to nine categories, raised the income cap on each fee range, and established the top earning range at \$125,000 a year and above for a more equitable policy. Previously, families earning more than \$70,000 a year and above all paid the same fee for child care. Under the new policy, families will see either a small decrease or increase in their fees depending on their total family income. Families earning \$85,000 and below will experience relatively minimal changes. Each military Service will provide fee guidelines specific to their installations.

This is the first time in six years that the Defense Department has adjusted fee ranges. The action follows an in-depth study that determined that fee ranges were no longer in sync with the total family income for the majority of program users.

The fee policy represents a balanced solution to the issue of adjusting fees to pay caregiver salaries while limiting the financial impact on the family. Competitive salaries help to recruit and retain quality staff. Retaining high quality staff contributes to continuity of care.

Ninety-eight percent of DoD's child development centers are nationally accredited compared to 8 to 10 percent of community childcare centers. National accreditation means a commitment of providing high quality services, including a developmentally appropriate curriculum, a healthy and safe environment, sufficient number of adults per children in group sizes appropriate for children's ages, and strong communication between staff and families.

For specific information about the installation fees, parents are encouraged to contact their local child development center and school-age care program.



## Foster Families for Deployed Soldiers' Pets

What could be more patriotic than fostering a military member's pet while he or



she is serving our country? Members of our nation's military are always on the go, military schools, training exercises and deploying for battle at a moments notice.

Many military members keep pets in their life to make life easier, to have a friend or someone to come home to. However it becomes difficult to find care for their pet when they are gone for extended periods. A few shelters, rescues, and other organizations arrange temporary foster homes for pets of military personnel who are called up for duty and sometimes for war veterans in emergency cases.

These national groups help arrange fosters for military members' pets and are a good first stop for more information. If you are in need of a foster home for your pet or would like to assist in fostering a Soldiers' pet please visit the following websites for more information:

Guardian Angels for Soldiers' Pet - [www.guardianangelsforsoldierspet.org](http://www.guardianangelsforsoldierspet.org)

Military Poets Foster Project - <https://www.netpets.org/netp/foster.php>

Operation Noble Foster (for cats) - [www.operationnoblefoster.org](http://www.operationnoblefoster.org)

## Operation Purple Family Retreats

Operation Purple® Family Retreats are designed to allow families to re-connect after experiencing the stresses surrounding a deployment. They are a great opportunity to spend time outdoors, try new things, make friends, and enjoy quality time together as a family. These four day retreats take place in beautiful National Parks and are led by experienced outdoor educators.

Eight Family Retreats are being planned for the spring, summer, and fall of 2010. At each of these retreats, participants will be paired with highly specialized field science educators and staff members who will guide families through various activities such as nature hikes, canoeing, campfires, beach exploration and more!



In addition, Operation Purple Family Retreats include structured activities developed by the FOCUS Program (Families OverComing Under Stress). These activities highlight areas of strength and resilience in the family and promote family growth. Families are supported in working together to enhance their relationships through communication activities aimed at building connections and family closeness.

Operation Purple Family Retreats are open to service members and their families who have experienced deployment within the last 15 months. To be eligible, service members must have returned from deployment no less than 3 months and no more than 15 months prior to the start date of each retreat. Travel expenses are not included. However, families who attend will receive a \$200 stipend per family before departing from the retreat site to offset the cost of travel. The retreats are free thanks to support from the Sierra Club and the Sierra Club Foundation.

Here are the Upcoming Retreats:

- ♦ **YMCA of the Adirondacks, Silver Bay, New York – September 17-20** [www.silverbay.org](http://www.silverbay.org) Silver Bay YMCA of the Adirondacks is a 100-year old family retreat and conference center set on the shores of Lake George. Families will enjoy the beauty of the Adirondacks as they relax on the sandy beach, canoe or kayak on the lake, and hike the mountain trails. Leisure time is built into the schedule so that families can relax and enjoy each other's company.
- ♦ **Outer Edge Performance, Larkspur, CO – October 1-4** [www.outeredgeperformance.com](http://www.outeredgeperformance.com) Nestled among the foothills of the Rocky Mountains, with breathtaking views of Pikes Peak, this camp is set on 650 acres of natural beauty. Families will have the opportunity to explore the natural setting, challenge themselves on the ropes course, and learn about the environment.
- ♦ **Pocono Environmental Education Center (PEEC), Dingmans Ferry, PA – October 15-18**  
[www.peec.org](http://www.peec.org)  
PEEC is located on the Pocono Plateau in northeastern Pennsylvania. Its proximity to 200,000 acres of public lands, numerous state parks, forests and game lands offers a world of opportunities for families to explore shady hemlock gorges, the scenic Delaware River, diverse lowland and upland forests, waterfalls, the unique flora and fauna found in boreal bogs, and a quarry containing 400-million-year-old fossils.
- ♦ **YMCA Camp Erdman, Waialua, HI – December 17-20.**  
[www.ymcahonolulu.org/camp/camp\\_programs](http://www.ymcahonolulu.org/camp/camp_programs)





Nestled between the Waianae Mountains and pristine beaches of Mokuleia, Camp Erdman provides the perfect camp setting for families. Camp Erdman aims to provide positive life-changing experiences for individuals, groups and families through programs that focus on teaching values, developing life skills, and building character in a safe, fun and multicultural outdoor setting. Applications for this camp will open in October 2010.

# August 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
						Training Holiday August 6– 9, 2010
8	9	10	11	12	13	14
				- Fido and Speedos Custer Hill Pool 11:00am - USD 378 School Starts - USO “No Dough Dinner”	- FRG Muster 10:30am - National Night Out	- BOSS Music and Mufflers 9:00am
Training Holiday August 6-9, 2010						
15	16	17	18	19	20	21
- SCCA Motorcross 9:00am - Family Night Bingo	- USD 305, 475 & ST. Xavier first day of school - Operation Rising Star	- USD 487 & 501 first day school		USD 329, 379, 384, 393 and 417 first day of school		- Milford Lake Ex- treme Outdoor Water Festival - Operation Rising Star - Movie Under the Stars 8:00pm
Red Cross Blood Drive August 17-18, 2010						
22	23	24	25	26	27	28
		- USD 383 first day of school	- Monthly Retirement Ceremony 9:00am	- Women’s Equality Day Observance 11:45am		
					Big Red One Reunion August 25– 29, 2010	
29	30	31				
- USO “No Dough Dinner”						
BRO Reunion		Soldier Show, McCain Auditorium Aug 31– Sept 1 7:00pm				



*September 2010*

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<div><div><p>Have a safe Labor Day</p></div></div>			1 - Manhattan MRC Lunch 11:30am	2 - 1 EN Change of Command 9:00am  - Purple Power Play on Poyntz	3	4 - 1st Annual FRGO Dove Hunt
			Soldier Show, McCain Auditorium	Labor Day Training Holiday 3– 6 Sept		
5	6 Labor Day	7	8 - Coke Battle of Bands	9	10 - FRG Muster Meet- ing 10:30am	11 - Splash and Dash Triathlon 7:30am  - FROG Kids Fishing Classic 8:00am  - 9-11 Ceremony 9:00am
Labor Day Training Holiday						
12	13	14	15 - Hispanic Heritage Observance 11:45am  - Comics on Duty 10:00am, 2:00pm & 7:00pm	16 - Theater of War, Nichols Hall 1:00pm & 6:00pm	17	18 - Fall/Apple Day Festival 9:00am – 3:0pm
Fort Riley Ready Army Week 13-17 August						
19	20	21 - Senior Commander Town Hall meeting 1:30pm	22 - Community Part- nership Conference 10:00am	23 - JC/GC MAC Breakfast 7:30am  - 4th BDE Welcome Home Ceremony	24	25 - Picerne Picnic  - 1ID Appreciation Day at K-State/ Army Community Cove- nant Signing  - Army Community Covenant Signing in Clay Center
26	27	28	29 - Monthly Retirement Ceremony 9:00am  - CFC Kickoff 11:30am	30		
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Send your events, news, contact information, etc., to:

Stacie Dumas  
1st Inf. Div. FRSA Building  
580, Room 333

All information needs to be received by August 23, 2010 for the next monthly newsletter.

Phone: (785)240-1251  
Fax: (785)239-0416

E-mail:  
stacie.dumas@conus.army.mil  
or  
stacie.dumas@us.army.mil

**GOT NEWS!!!**



## On the Web!

**1st Infantry Division & Fort Riley Homepage** - [www.riley.army.mil](http://www.riley.army.mil)

**Fort Riley MWR** - [www.rileymwr.com](http://www.rileymwr.com)

**Army vFRG** - [www.armyfrg.org](http://www.armyfrg.org)

**National Military Family Association** - [www.nmfa.org](http://www.nmfa.org)

**US Army Homepage** - [www.army.mil](http://www.army.mil)

**MyPay** - <https://mypay.dfas.mil>

**Irwin Army Community Hospital** - <http://iach.amedd.army.mil>

**Ready Army** - [www.riley.army.mil/areainfo/readyarmy.aspx](http://www.riley.army.mil/areainfo/readyarmy.aspx)

**Fort Riley MWR Twitter Page** - <http://twitter.com/rileyfmwrbear>

**1ID Facebook Page** - <http://www.facebook.com/1stInfantryDivision>

**Fort Riley Facebook Page** - <http://www.facebook.com/FortRiley>

**1ID Flickr Page** - <http://www.flickr.com/photos/firstinfantrydivision/>



## Did you Know?

- The first coast-to-coast automobile trip (SF-NY) completed on August 1st, 1903.
- Christopher Columbus set sail from Palos, Spain, on his first voyage across the Atlantic, August 3, 1492.
- Union forces won the Battle of Mobile Bay in the Civil War, August 5, 1864.
- August 5th is International Beer Day.
- United States troops landed on Guadalcanal in the Solomon Islands in World War II, August 7, 1942.
- On August 7, 1990 Desert Shield begins - U.S. deploys troops to Saudi Arabia
- The Columbia, under Robert Gray, completed the first voyage around the world by a ship flying the American flag, August 10, 1790.
- Thomas Edison invented the phonograph, August 12, 1877.
- On August 13, 1993 U.S. Court of

Appeals rules congress must save all E-Mail.

- Indians massacred soldiers and settlers of Fort Dearborn, now Chicago, August 15, 1812.
- United States and Canada arranged for joint defense of North America, August 17, 1940.
- John Fitch successfully demonstrated his side-paddle steamboat, August 22, 1787.
- The Savannah, first steamship to cross the Atlantic, launched, August 22, 1818.
- British troops captured Washington, D.C., and burned the White House, August 24, 1814.
- Ottmar Mergenthaler received a



Panama Canal opened to traffic, August 15, 1914

patent for his Linotype machine, August 26, 1884.

- Spanish explorers landed in Florida where St. Augustine now stands, August 28, 1565.
- Great Britain provided for the end of slavery in its colonies, August 28, 1833.
- August is one of the busiest months for businesses, since most people take vacation during this time.
- The month of August tends to have the hottest weather.
- National Dog Day is August 26th.
- August is National Immunization Month.
- The 1st National Skeet Championship took place in Indianapolis, IN on August 31, 1935.